

FLUORIDE: HEALTH & MONEY DOWN THE DRAIN

Council intends to begin fluoridating our drinking water supply by August this year. Their chemical of choice will be Hydrofluorosilicic Acid, a hazardous by-product

of phosphate manufacturing and an S6/S7 poison. It will be added to our water in its unrefined state, along with trace amounts of lead, arsenic, mercury and cadmium.

Fluoridation chemicals are not pharmaceutical grade, have never been tested for human consumption and are NOT what your DENTIST uses.

Mandatory Fluoridation of the Hastings drinking water supply will prove:

- Costly for ratepayers and unnecessarily wasteful;
- Detrimental to our environment and a pollutant to our waterways;
- Damaging to our health, especially for infants, children and our older residents.

THE REAL COST OF WATER FLUORIDATION TO OUR COMMUNITY

Health Costs

Many children and young adults in our region already have Dental Fluorosis (damaged tooth enamel) caused by swallowing excessive amounts of fluoride. This is irreversible but can be covered over with expensive dental veneers.

Fluoride slows thyroid function and displaces iodine, resulting in Thyroid Disease.

Children with Dental Fluorosis have subclinical Hypothyroidism. Skeletal Fluorosis, the symptoms of which mimic

arthritis, makes bones brittle and more liable to fracture.

Pregnant women who consume fluoride (>1mg/L from water and other sources) are at greater risk of having a miscarriage, stillbirth or child with retardation.

People with Kidney Disease are unable to eliminate fluoride. Diabetics, athletes and people living in warm climates (like us) drink more water. They are therefore getting a much higher dose of fluoride and are more at risk for fluoride-related illness.



Cost to Council and Rate Payers

Council must pay for Operator Training & Salaries, Repairs & Maintenance, Test Equipment (minus \$5000 supplied by State), Road Works, Damage caused by Spills & Accidents, Insurance, A minimum of 2 qualified operators is required by law.

Our hospitals are struggling now to cope with the sick. How on earth are they going to cope when many of their patients get sicker and others become ill from exposure to fluoridated water?

Based on water usage figures for the Hastings in 2008, approx. 5.5 tonnes (5500kg) of fluoride chemicals will be discharged to the

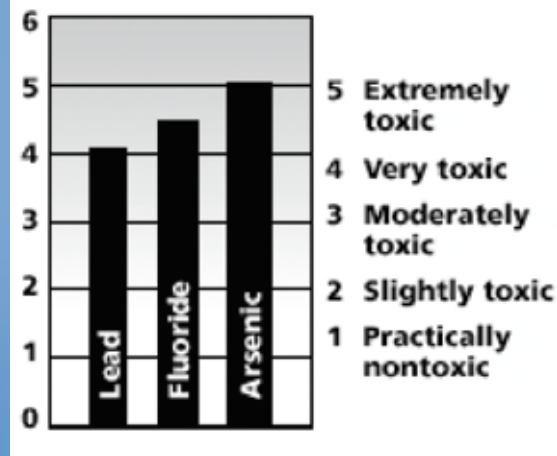
environment via hoses and the sewerage system. What will this cost our environment? Only time will tell.

Fluoridation is ineffective, unethical and a waste of money

99% of fluoridated water goes down the drain and back into our waterways. It is retained in recycled water; it interferes with our ecosystems.

Despite more than 50 years of fluoridation in Australia, starting in Tasmania, our government refuses to admit that the scheme has been a huge public health failure.

95% of the world's population do not have artificially fluoridated water. Most of Western Europe has rejected water fluoridation for ethical and scientific reasons, yet their dental health is better than ours.



What our council says...

Council has been "directed" to fluoridate the Hastings drinking water supply by State Government. To refuse this directive could result in council being "penalised" by the State Government and result in our administrator "losing" his job. NSW State Government will cover the basic costs of building the fluoridation plant and Port Macquarie Hastings Council must pay for the costs of operating, maintaining and staffing the plant, estimated to be approx \$200,000/year. Council has put out tenders for the building of the plant and the supply of dosing equipment. Tenders close 25th Feb 2010. The plant will be built at Rosewood near Wauchope. Council advertised the DA back in 2004 and no submissions were received. There was no requirement for an Environmental Impact Statement. As the DA expires in August 2010 the council appears to be fast tracking the construction and commissioning of the fluoridation dosing plant.



Please voice your concerns by: Writing to State Member for Port Macquarie, Peter Besseling or State Member for Oxley, Andrew Stoner; Submitting Letters to the Editor, local papers, Signing petitions

Contact: Dr C. Alexander BDSoc for references, confirmation & further information on water fluoridation on 6581 2411

Savoy Health
Ken Gunn, Chiropractor
The Natural Paint Company
Gwarehouse
David Blackshaw
Full of Life Health & Organics
Jo & Brooksey
Organic Belly
Carla & Craig Munro

Jaspers Village Resort
MP & KP Investments Pty Ltd
Katja Plentinger
Margaret Miller
Jill & Ron Sargeant
Douglas Haack
Pat Wheeldon
Peter Clark
Natassja Alexander

Julie Siems
Maxine & Herman Camphuis
Dr John Lusk, M.Sc., Ph.D.
retired Earth Scientist
Ruth Lusk
Isabel Stennett
Jean Helson
Laila Pederson RN Colon Hydrotherapist
David Graham, Dip Comm Welfare

David A Harris, Chiropractor
Jan Nancarrow
Jo Emerson
Scott Taylor
Dr Caree Alexander, Dentist
Melanie L Robinson ND, DHSoc