

## What the Health Experts Say:

**Veronica Griffin, PhD, MD, Cairns, QLD:** "Fluoridation is poisoning our environment! If fluoride actually stopped cavities, why are we seeing an increase in cavities in largely fluoridated Australia today?"

**Andrew Harms, BDS, Air Force dentist (1978-83),** private practice (1983-present), member of the Australian Dental Association, President of South Australia ADA, 1996: "Water fluoridation is an outdated and dangerous practice. The systemic consequences are being recklessly overlooked in the name of preventive dentistry."

**Professor Albert Schatz, PhD,** discoverer of Streptomycin: "...artificial fluoridation of drinking water may well dwarf the thalidomide tragedy, which was dramatic because it produced crippled children who are living testimonials to what that drug has done. Many victims of artificial fluoridation, on the other hand, die quietly during the first year of their lives, or at a later age under conditions where their deaths are attributed to some other cause."

**Dr Ludwig Grosse, Chief of Cancer Research Us Veterans Administration:** "The plain fact that fluorine is an insidious poison harmful, toxic and cumulative in its effects, even when ingested in minimal amounts, will remain unchanged no matter how many times it will be repeated in print that fluoridation of the water supply is 'safe'."

**David S. Banks, DDS, dental practitioner** for 35 years, San Marcos, CA: "With decay rates in non fluoridated areas the same or less than fluoridated communities and with ample evidence of increased risk of bone, bladder, lung and oral cancer associated with fluoridation, it is senseless and morally wrong to force fluoridation on innocent populations."

**James Beck, MD, PhD, Professor Emeritus** of Medical Biophysics, University of Calgary, Canada: "Fluoridating public water supplies is now demonstrated to be ineffective at preventing dental caries, to be toxic for various body systems and damaging to the development of the central nervous system. Furthermore, it is medically unethical because it is being approved by unqualified authorities, delivers an uncontrolled dose, without medical monitoring. All of this without the informed consent of recipients and without their ability to easily or cheaply avoid exposure once the fluoride is added to their drinking water."

\*Send completed forms to Gwarehouse, 1/14 Fernhill Rd, Port Macquarie 2444. (Be sure to keep a copy for your own records) Once a minimum number of forms have been collated, they will be presented direct to the council administrator at an upcoming council meeting. For information on how to avoid exposure to fluoride chemicals, visit Gwarehouse or call 65812411.

# We won't pay for fluoride

Many Hastings residents are considering withholding the water volume component of their water rates, should fluoridation of the Port Macquarie-Hastings water supply go ahead. Collectively, they've written thousands of letters to council, local MPs and the NSW Department of Health expressing their concerns. Tens of thousands of petitions have been signed, asking for a referendum and moratorium on fluoridation, yet people of this region feel that they are not being heard.

## Is our council being blackmailed?

Before agreeing to allow NSW Health to fluoridate our water in 2005, council held two referendums in which residents voted overwhelmingly against fluoridation.

Business owner and fluoride activist, David Blackshaw believes that the Port Macquarie-Hastings council is now being "blackmailed" by NSW Health. He said, "Those councillors have since been sacked, yet because of their ineptitude, our region was gazetted for fluoridation. Our current council, if you could call it that, is now being threatened with "penalties" by NSW Health if they do not "comply" with the direction to fluoridate. We would like to know what those penalties are. Are they to do with funding? Maybe council wouldn't be able to return the \$1.77 million they've already accepted to build the fluoridation plant because it's already been spent somewhere else..."

Long-term local, Jean Helson wants to know, "Could you please inform me of the date when this country changed from a Democracy to a Totalitarian State? We don't want to drink a fertiliser company's toxic waste or anything else administered as medication through our water supply."

## Decay Epidemic

The Australian Dental Association stated in January that there is a tooth decay epidemic and that 48% of all Australian children have untreated dental decay. Their president, Dr Neil Hewson admits that tooth decay is on the rise. Yet the majority of Australians are drinking fluoridated water for the sole purpose of keeping children's teeth free from decay.

Dentist, Caree Alexander, says that more than 50 years of water fluoridation in Australia is "...clearly not working". Dr Alexander has



"Causes Dental Fluorosis"



practised in both fluoridated and unfluoridated communities and believes that tooth decay has "...nothing to do with fluoride levels and everything to do with nutrition."

"Children are being exposed to fluoride from so many sources already, even in Port Macquarie. Not only is it in their toothpaste but it's in so many of the foods and beverages they're consuming because those products were grown and processed with fluoridated water. Fluoride chemicals are used as carpet and fabric treatments, in cookware. Due to industry, they're in the air we breathe. It's ironic that Coke has around 0.8ppm fluoride, enough to protect teeth from tooth decay, yet we all know that doesn't work."

"Before we decide that our children "need" fluoride, shouldn't we find out how much they're already getting? What if they've already had too much? WHO and the NHMRC have advised that the total fluoride exposure in a population should be calculated before introducing any fluoride program. Yet this has not been looked at here or anywhere else in Australia. Why not?"

## Money better spent

Dr Alexander believes that instead of spending the state supplied funding on building the fluoridation plant and the council's money on operating and maintaining the plant, we should be "...training more dentists, doctors and health care providers, with an emphasis on nutrition."

"After all", she said, "Tooth decay is not caused by fluoride deficiency, it's caused by poor nutrition."

Dr Alexander insists that NSW Health must, "Test us before you fluoridate us. You might discover that we're already ingesting more fluoride than the 'safe level' of 1ppm claimed to prevent tooth decay."

"Dr Alexander's children, Healthy smiles without fluoride"

TO: The Administrator, Port Macquarie-Hastings Council  
RE: NO CONTRACT, NON CONSENT TO ACCEPT SUPPLY OF FLUORIDATED WATER

I, \_\_\_\_\_ (full name), DO NOT CONSENT to having fluoride (in any form) or any other substance, administered to me through the Port Macquarie-Hastings town water supply for the purpose of medication or supplementation. Furthermore, I DO NOT CONSENT to any ALTERATION AND/OR VARIATION in the implied terms of the established implied CONTRACT I have with the Port Macquarie-Hastings Council (or whatever the designated name and supplier may be from time to time) on the one part for the supply of drinking water, clean, pure and uncontaminated, in return for me, on the other part, by payment of a compulsory levy for the provision of such clean pure uncontaminated drinking water to my premises at:

(address) \_\_\_\_\_

SIGNED AND DATED \_\_\_\_\_ This \_\_\_\_\_ day of \_\_\_\_\_ 2010 \_\_\_\_\_